INFORMATION PACK



WHO ARE HEAR ME OUT?

We are a UK registered charity that creates music and arts projects with people held in the UK's Immigration Detention Centres and in contingency accommodation. We co-create and record sound tracks with people in these settings, and we share their music with the world.

WHAT IS FREEDOM TO SING?

We are inviting choirs, instrumental groups and schools to learn and perform a track recorded in detention. Choose your level of involvement; from simply learning the track to filming your performance and sending it to us to share on our social media.

In this pack you will find everything you need to learn two songs that we have chosen, including sheet music and a downloadable backing track. There is also more information about fundraising, performing and filming your track.

The tracks can be adapted to fit your group, just let us know if we can help.





WHY TAKE PART?

Young or old, resident or refugee, 28,000 people every year are locked in UK immigration detention centres with no end date. Their lives are stopped while authorities decide their fate. Hear Me Out take music-making into these centres to release the words, music and life stories of the people held inside. We want more people to hear this and that is where you can help!

HOW TO TAKE PART

- 1. Pick your track. We have selected two of our favourites, but feel free to have a look at our <u>Music Player</u> and choose a track that resonates with you.
- 2. Learn the song with your choir or group, adapting it if needed.
- 3. Perform the track, filming and taking pictures if you can:)
- 4. Raise some money if you are able to.
- 5. Give yourself a pat on the back for helping to release the words and voices from detention centres.

Facebook - @hearmeoutmusic
Twitter - @hearmeoutuk
Instagram - @hearmeoutmusic
LinkedIn - Hear Me Out Music
YouTube - Hear Me Out



HOW TO FUNDRAISE

We are so grateful that you have decided to take part in 'Freedom To Sing.' Every penny you raise will help us to continue our work with displaced people in various settings. Thank you for sharing their voices and stories. You are amazing!

FUNDRAISE IN PERSON

If you are planning to perform 'So Much More' at a concert, why not ask the audience to make a donation? This could be as part of the ticket sale, a collection or a raffle with donated prizes. Please email emma@hearmeoutmusic.org.uk for more information on how best to do this.

FUNDRAISE ONLINE

- To set up your choir's fundraising page visit <u>www.justgiving.com/campaign/freedomtosing202</u>3
- Click on the orange 'Start Fundraising' button on the right of the page.
- If you haven't already, set up a JustGiving account its really simple but if you need help email emma@hearmeoutmusic.org.uk.
- Click on 'Doing your own thing' and fill in the details. Try and make it as personal as possible and don't forget to include your choir's name.
- Your page will now be linked to the 'Freedom To Sing' campaign and all money raised will come straight to Hear Me Out. Don't forget to share it with the choir and encourage them to share it with their friends and family.

Thank you so much!



Can we do this at another time in the year?

Absolutely! You are very welcome to support Freedom To Sing whenever works best for you. Just make sure that you let us know.

Can you come and talk to my group about the event?

We would love to come and talk to the group about why they should get involved and the difference it will make. Whilst we might not be able to do this in person, we can be there virtually.

What if I can't make a high quality recording?

We would still love to see your recording. If you need help with your recording, let us know.

How else can we support Hear Me Out?

Besides fundraising, we are always working to increase public awareness. So please, share our <u>website</u>, our <u>music player</u> and help us uplift the voices of the people we work with.

Can we change the song?

You can adapt the song to fit your group. However, please follow our guide if you would like to be part of the 'Freedom to Sing Film.'

Can I perform it with more than one group?

Yes, please do! Share with your friends. The more, the merrier!

If you have any more questions, please email emma@hearmeoutmusic.org.uk



INEVER GIVE UP

'Never Give Up' was written by Porchlight service users and performed by detainees at Dover Immigration Removal Centre. One of the Porchlight group sent the detainees the message of: "never give up the fight" and detainees jammed around this theme and came up with this song. During the exchange they had their experiences with one another and through finding commonality in their experiences sent messages of hope to each other, this song's message is to never give up.



Lamin Joof is one of the detainess who helped to write this powerful song. He said "There was a time when I was very very depressed, sad, thinking that I would never see my family again. I was so down that I didn't want to leave my cell, but when

Hear Me Out came to Dover, where I was held, I joined the sessions and recorded my voice. When I had the opportunity to do this, it gave me courage and I started to come out of myself and exercising. Music gives me hope!" You can read Lamin's full story here.

Watch an interview with Lamin about why the track here.



NEVER GIVE UP RESOURCES

Listen to Never Give Up on our website here.

<u>Download the full version of Never Give Up</u>

<u>Download Never Give Up - Alternative Intro</u> <u>and Outro</u>

<u>Download Never Give Up - Instrumental</u>

<u>Download Never Give Up - No Chorus</u>

<u>Download Never Give Up - Full Score</u>

Download Never Give Up - Basic Score



NEVER GIVE UP LYRICS

Never Give Up

G D/F# C/E D/F#
G D/F#
Spend years and years locked up in a jailhouse,

C/E D/F#

l just wanna go home,

G D/F# C/E D/F#

Got mouth to feed, people to look after, I just wanna be on road.

G D/F#

So nothing happen only waiting for meself jah jah C/E D/F#

God come help me out

G D/F# C/E D/F#

Never give up, never give up, never give up the fight! Never give up, never give up, never give up on life!

Eh Eh, the fittest must survive, Life is a road with lots of signs, Choose right, do right, the truth must prevail. One door must close, now another one open.

Stand firm, do right, the truth must prevail. Eh Eh, *I man* will never give up, No matter what life throws on me now. *Eya*, *eya*.

Never give up, never give up, never give up the fight! Never give up, never give up, never give up on life!

Piccadilly to Tottenham Road, walking with a different boat
Tottenham Road to Oxford Circus getting a twenty five number bus,
China Town to Trafalgar, Singing like a G-Star
Trafalgar to Holborn, Oxen bound from Stanmore
to Chancery Lane, no problem, all my fam
Chancery Lane to Kings Cross, walking,
changing like a boss. Kings Cross to Camden Town is not far away, get some food,
Camden Town to *Twickenham* Road, very far away get me boat.

Never give up, never give up the fight!

Never give up, never give up, never give up on life!



'SO MUCH MORE'

Listen to the original recording of the track here

'So Much More' was recorded during a three-day song writing project at Morton Hall Immigration Removal Centre. The participants worked with our artists Simon and Carol over the three days to record a number of tracks.

'So Much More' was written by a French speaking participant. Carol worked with him to write the lyrics and record the vocals. Simon remembers the participant as being very enthusiastic and keen to record the track. The participant is telling the world that he is 'so much more' than just a detainee.



"By learning and recording this track, we are giving a voice to the detainee and the message."

<u>Download 'So Much More' (original track)</u> <u>here</u>



<u>Download 'So Much More' (choir backing track) here</u>



Key to the lyrics

Lyrics in regular text are solo / unison chorus.

(Lyric in brackets are responses to the solo by 3 parts)

Lyrics in bold are full choir in 4 part harmony

So Much More

Verse 1

I'm so much more, I'm so much more I said I'm so much more, More than you know, more than you see

I'm so much more, than I can be, There's so much more, much more to me There's so much mo-re, let me show you!

Verse 2

I'm so much more (I'm so much more)
I'm so much more (I'm so much more)
I'm so much more

More than you know, more than you see

I'm so much more, than I can be, There's so much more, that's there to me. I'm so much mo-re, let me show you!

Verse 3

I'm so much more (I'm so much more) I'm so much more (I'm so much more) I said I'm so much more

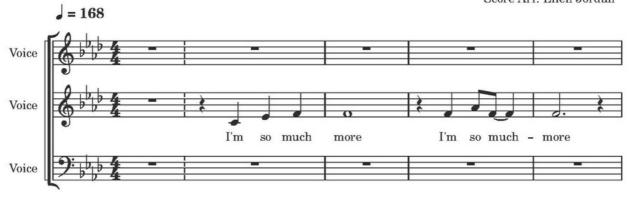
More than you know, more than you see

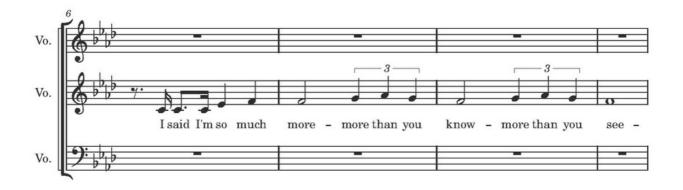
There is so much more, that's there to be, There's so much more, much more to me. I'm so much mo-re, let me show you!

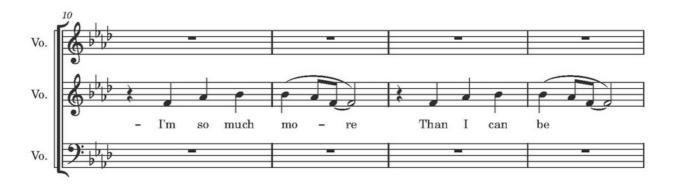
SHEET MUSIC

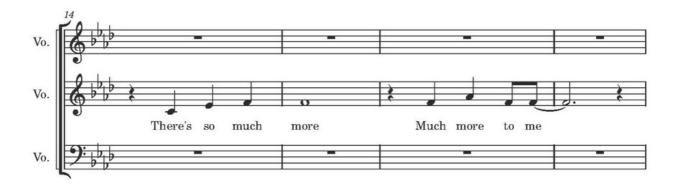
So Much More

Created by Musicians Detained at Morton Hall IRC in April 2018 Music workshop led by Hear Me Out Artist - Simon Paylor Score Arr. Ellen Jordan





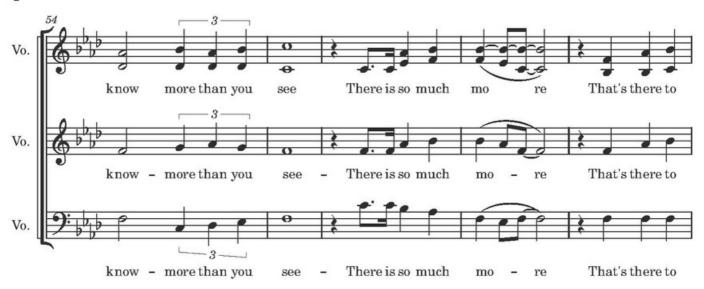


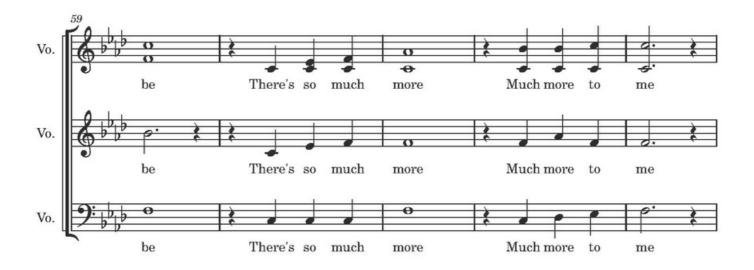


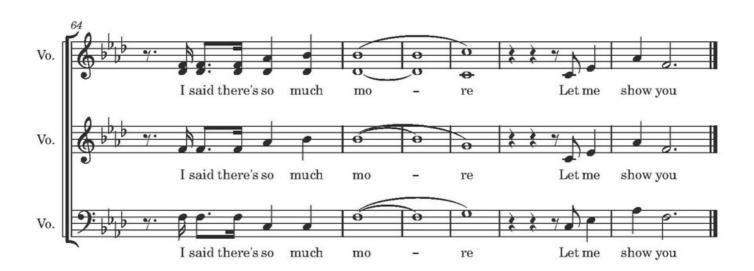












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